

Menu Options

Prices and menu options are subject to change without prior notice.

****Standard Meals Rates:***

***** Breakfast is served with water, milk, coffee and tea. Should you require these items at other times or with other meals, additional charges would apply.***

<p align="center"><i>Breakfast # 1 – Continental</i></p> <p><i>*Fresh seasonal whole fruits (banana / apple / pears / orange).</i> <i>*Assorted baked goods (Croissants, marble cake)</i> <i>*Toast /or bagel with cream cheese, honey & Jam</i> <i>*Assorted cereals with milk.</i></p>	<p align="center"><i>\$10 / person</i></p>	<p><i>* Add Yogurt: \$1</i> <i>* Presented with St. Mary Rooms reservations</i></p>
<p align="center"><i>Breakfast # 2 – Morning Risers</i></p> <p><i>*Eggs (boiled /or scrambled)</i> <i>*Sausage /or bacon *Home fries</i> <i>*Toast /or bagel with cream cheese, honey & Jam * Cereal/Milk.</i> <i>*Cake.</i></p>	<p align="center"><i>\$10/ person</i></p>	<p><i>*Add Yogurt: \$1</i> <i>*Add assorted cereals: \$1</i> <i>* Presented with St. John's Rooms Reservation</i></p>
<p align="center"><i>Breakfast # 3 – Lent - Vegetarian</i></p> <p><i>*Fresh seasonal whole fruits (banana / apple / pears / orange).</i> <i>*Toast /or bagel with honey, Jam & margarine</i> <i>*Foul with Pita Bread</i> <i>* Home fries / falafel</i> <i>*Pickles</i> <i>*Assorted cereals with Almond Milk</i></p>	<p align="center"><i>\$10 / person</i></p>	



THE VALLEY
OF THE **MOTHER OF GOD**
Christian Retreat Centre

953376 - 7th Line EHS, Mono, ON, L9W 6E8

<p><i>Lunch # 1</i></p> <p><i>*Choice of beef burger / sausage / chicken burger / veggie burger</i> <i>*Fries & Condiments</i> <i>*Cake /or ice cream</i></p>	<p><i>\$14 / person</i></p>	<p><i>Large trips more than 100 people, fries is replaced by potato chips bags.</i></p>
<p><i>Lunch # 2</i></p> <p><i>*spaghetti with meatballs,</i> <i>*Garlic bread</i> <i>* Cake /or ice cream</i></p>	<p><i>\$14 / person</i></p>	
<p><i>Lunch #3 – Lent – Vegetarian</i></p> <p><i>*Choice of Fish burger / veggie burger / Tuna Sandwich</i> <i>*Fries & Condiments</i> <i>*Jelly /or Mango Moose</i></p> <p><i>##optional replace all for Traditional koshary</i></p>	<p><i>\$14 / person</i></p>	

<https://thevalleyofthemothergod.ca>

+1 (519) 278-0862

For Bookings: Valleymgmt@ccnet.ca Tel:



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<p><i>Dinner # 1</i></p> <p><i>*Dinner roll with butter</i> <i>*Mixed salad served with Italian dressing</i> <i>*Choice of Roast beef / grilled chicken</i> <i>*Rice /or Mashed potatoes</i> <i>*Seasonal mixed vegetables</i> <i>*Profiterole with chocolate sauce /or Tiramisu</i></p>	<p><i>\$16 / person</i></p>	
<p><i>Dinner # 2</i></p> <p><i>*Dinner roll with butter</i> <i>*Mixed salad served with Italian dressing</i> <i>*Linguini with meatballs</i> <i>*Garlic bread</i> <i>* Profiterole with chocolate sauce /or Tiramisu</i></p>	<p><i>\$16 / person</i></p>	
<p><i>Dinner # 3 – Lent - Vegetarian</i></p> <p><i>*Dinner roll with Margarine</i> <i>*Mixed salad served with Italian dressing</i> <i>*Fried fish / Traditional potatoes Al-forno</i> <i>*Rice /or fries</i> <i>*Oriental pastries</i></p>	<p><i>\$16 / person</i></p>	<p><i>*Replace fried fish with grilled salmon & mini potatoes: Add \$3</i></p>
<p><i>Dinner # 4</i></p> <p><i>*Plate of Shawerma (beef or chicken) on rice or on fries.</i> <i>*Garlic Bread</i> <i>* Green or ceasars Salad</i></p>	<p><i>\$16 / person</i></p>	

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<p style="text-align: center;"><i>Snacks</i></p> <p><i>*Apple turnover /or Cinnamon rolls /or Rice crisps /or cakes</i> <i>*fresh cut fruits</i> <i>* Chips Tubs</i> <i>*Juice /or water</i></p>	<p><i>\$5 / person</i></p>	
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Thank you for staying at

The Valley of the Mother of God.